

# FOCUS

#### CDP Superintendent's Message

WERE YOU A GOOD SCOUT?

In Robert Baden-Powell's. Scouting for Boys - Campfire Yarn No. 3 - Becoming a Scout, he describes the full meaning of the Boy Scout Motto "BE PREPARED" as meaning you are always in a state of readiness in mind and body to do your DUTY



→ Be Prepared in Mind Todd Jones, CDP Superintendent

by having disciplined yourself to be obedient to every order, and also by having thought out beforehand any accident or situation that might occur, so that you know the right thing to do at the right moment, and are willing to do it.

→**Be Prepared in Body** by making yourself strong and active and able to do the right thing at the right moment, and do it.

This same state of readiness is described in the Girl Scout motto found in the Girl Guides stating ..."it is because, like the other Guides, you have to be prepared at any moment to face difficulties and even dangers by knowing what to do and how to do it."

As September and its focus on National Preparedness Month comes to a close I am wondering how many of us took to heart the messages by Administrator Fugate and Deputy Administrator Manning and converted those thoughts to action by taking the time to develop a family preparedness plan and as FEMA employees, developing a workplace plan?

Have we put a family kit together, consolidated our important documents, identified alternative meeting locations if we were displaced from our loved ones and no longer having the convenience of cell phones or text messaging? Have we brought an extra change of clothes to work, put a pair of comfortable walking shoes in the corner, and have a couple days supply of necessary medication if we had to shelter in place just to name a few things we have been instructed to do?

In essence have we made a plan? Got a kit? Can we say with confidence that we're ready?

Are we following the simple but important life lesson imparted to Boy Scouts and Girls Scouts of "Be Prepared"? Just because September and National Preparedness Month comes to a close for 2010 doesn't mean there is still not time to:

Make a plan – Get a kit – Be ready For more information on how to take care of yourself and your family visit Ready.gov

### Alabama Be Ready, National Preparedness



Don Williamson, a lieutenant with the City of Chelsea Fire and Rescue, introduces his department's Dalmation, named Hero, to Jennifer McCullars (Left) and Becki Carr, both of the CDP student services department assisting with training outreach at Be Ready Day.

Sunny skies with temperatures in the mid 90s made for a perfect seventh annual Be Ready Day, at Linn Park, in beautiful downtown Birmingham, Sept. 1.

Part of the ongoing efforts to stress readiness and preparedness throughout the state, Alabama highlights its campaign each year by celebrating Be Ready Day or Be Ready Alabama as part of Continued On Page 7

## **CDP Helps School Nurses Prepare**

More than 20 nurses representing 17 schools in Calhoun County attended emergency preparedness training recently. As the first day of school approached these nurses were doing their part to ensure their students are as safe as possible this coming school year, especially during a disaster response.

The Center for Domestic
Preparedness (CDP) played a role in
the program by offering training in
triage of victims. In an innovative
approach to training, the nurses used
stuffed animals to represent injured
persons. Following a mock disaster
from a tornado, the nurses were
required to scour the school and
prioritize the needs of the sick and
wounded. Triage is a system used to
identify minor injuries from the most
severe, and allows those who need
treatment most to receive urgent care.



John Skinner, a CDP course manager, explains a scenario for county school nurses receiving emergency preparedness training. The Center for Domestic Preparedness (CDP) played a role in the program by offering training in triage of victims. In an innovative approach to training, the nurses used stuffed animals to represent injured persons. Following a mock disaster from a tornado, the nurses were required to scour the school and prioritize the needs of the sick and wounded. Triage is a system used to identify minor injuries from the most severe, and allows those who need treatment most to receive urgent care.

"When the county Emergency Management Agency requested our training support we immediately recognized the importance," said Mike Aguilar, CDP training specialist. "A severe event can occur at anytime and our children deserve the best trained guardians during an emergency. The CDP's training staff has the knowledge to share, and are experts in emergency preparedness and response."

"We need to understand triage—triage allows these nurses to take action and assist

Continued On Page 8



# Who We Are

The Center for Domestic Preparedness (CDP) is the only Congressionally-chartered Weapons of Mass Destruction (WMD) training center for civilians. The CDP specializes in providing resident and non-resident advanced hands-on, all-hazards training for America's state, local, and tribal emergency responders in their mission to prevent, deter, respond to, and recover from terrorist acts and other catastrophic events, especially those involving WMD or hazardous materials. The CDP's cutting-edge training incorporates the nation's only toxic chemical agent training facility for civilian responders and a fully scoped hospital used for training mass casualty incident management for healthcare and public health professionals. When appropriate, the CDP can train other federal government, foreign, and private responders on a reimbursable, not-to-interfere basis. Training at the CDP is fully funded by DHS. The CDP's training programs offer a selection of over 50 courses, a large on-site billeting and dining capacity, and a fully certified, multi-disciplined instructional staff with an average of 19 years of experience in their respective emergency response field. Newsletter articles are written by CDP Public Affairs staff unless otherwise noted. Contents of the CDP Focus do not imply endorsement by the CDP, NPD, FEMA, DHS or the Federal Government. Items appearing in this newsletter are considered of potential interest to CDP staff and responder students. Content suggestions should be directed to the Public Affairs Office at 256-847-2212. Learn more about the CDP at http://cdp.dhs.gov. ~

> Superintendent Todd Jones

Deputy Superintendent Mike King

Public Affairs Specialist Shannon Arledge

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## Preparedness Challenge

Find the words in the grid. Words can go horizontally, vertically and diagonally in all eight directions.

X M X K P L A R E D E F W C N Z M
P P I N C I D E N T Z M O W W A E
T N D D N X K N W M H O F W H M N
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O Q O A X V K Y I E W B L I D N I
G P T S W W V N Y D C N E N T G R
I B C T N D A Y O B L R A T R L R
S D E E Q T T O B G G G C C S X S
C P D U H N E K C T P B Y T F E Y
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L A D R I V H S U R C I G O L O I B G N
D R A R W R D L T J V V B N F T F
L L M G W O R R R E A D I N E S

 $@ 2010 \, CDP \, Public \, \textit{Affairs}. \, \textit{Made using 1-2-3 Word Search Maker} {}^{\text{TM}} \\$ 

ACTION	COMMAND	FEDERAL	INCIDENT	RESOURCE
BIOLOGICAL	COORDINATE	FEMA	KIT	STATE
CASUALTY	DIRECTOR	FLOOD	LOGISTICS	SURVIVOR
CHEMICAL	DISASTER	HURRICANE	READINESS	





# **Employee Association Molds Activity List**

Members of the CDP Federal Staff have taken the first steps in the creation of an employee association. A draft Constitution and By Laws have been submitted for approval through DHS/FEMA Headquarters.

According to Kent Davis, CDP attorney advisor, "in order to be recognized by DHS, the state of Alabama, and the IRS as an official non-profit association, it is required by law/regulation to have formal governing rules, which are most commonly expressed in a written constitution and by-laws."

A CDP employee association provides the center flexibility to interact more closely with the community. An association is designed to increase morale and camaraderie among employees through events and activities.

"As an independent organization, the employee association can be involved in worthwhile charitable and civic events outside the federal workplace (while the federal government is almost exclusively limited to the annual Combined Federal Campaign, and cannot take any action that would appear to "endorse" an outside activity)," said Davis. "The employee association also can receive limited support from the federal government in the form of meeting rooms, office space, space to conduct fundraising activities, and other support so long as the provision of such support would not interfere with government missions."

"Federal employee associations have a long history of success," added Rick

Dickson, CDP employee association president. "I think the one single benefit I have seen is their ability to improve organizational morale through their activities and programs. Our keys to success will be proper planning, participation, and the continued support of CDP senior leadership. We are only limited by our imagination and willingness to work hard."

According to DHS policy, employee association memberships are limited to current federal employees and retired federal employees of the center. Non-members may participate as invited guests.

"As we move into our first year we plan on opening a store, host a golf tournament and participate in community events that interest the membership," said Dickson. "We hope to open our activities up to all of the CDP staff and partner with community organizations when possible. Our desire is to be an inclusive association, not an exclusive association."

The following CDP staff members were elected to office in the employee association, and will hold their position through 2011:

President - Rick Dickson Vice President - Bernice Zaidel Secretary - JoAnn McKnight Treasurer - Tina O'Shields

# **DMATs Prepare For Disaster Response**



Pictured above are over 190 medical responders from the Department of Health and Human Services, National Disaster Medical System (NDMS). They are members of eight separate Disaster Medical Assistance Teams (DMAT) from various parts of the U.S. and played a key role in the NDMS Central Regional Field Training Exercise (FTX), as part of six regional FTXs being held this year.

The teams training at the CDP in July were men and women from New Mexico, Oregon, Washington, Texas, Tennessee, Georgia, Kansas, and Ohio.

These DMAT exercises are held at various locations in the eastern, central, and western regions of the U.S. The DMAT teams spent a full week at the CDP, operating from the NTF and the setting up of a full DMAT Base of Operations. The final eight-hour practical exercise is based on an earthquake scenario, resulting in a wide variety of injuries and deaths. The DMATs processed and treated simulated patients during this part of their practical training.

DMAT medical personnel, made up of physicians, nurses and variety of experts and support personnel contributed to the DMAT exercise.

The purpose of the DMAT FTX was to evaluate the ability to deploy, stage, and demobilize HHS field medical resources, both personnel and equipment, using effective command and control techniques under simulated conditions.

Additionally, the exercise evaluated the ability of personnel to deploy and set up operations at a simulated austere site, provide medical assessment, triage, and treatment, in response to an earthquake disaster.



# JSU Intern Takes CDP Experience To A New Degree

When Carla Gowens lost her job of 28 years in 2008, she was at a turning point in her career to either join thousands of out-of-place workers or return to her studies as a student at Jacksonville State University (JSU). In her late 40s at the time, Carla chose to complete the degree she started in the mid 1990s, returning to the classroom not only as a student, but as a wife and mother.

As a JSU student enrolled in the Technology in Engineering Bachelors Degree Program, Carla has pursued a double major in Occupational Safety and Health and Industrial Technology Management. This course of study recently led her to the Center for Domestic Preparedness (CDP) as an intern, an unlikely location for a Technology in Engineering degree.

"This internship gave me the opportunity to take what I learned in the classroom and see how it works in a real world environment," said Carla. "I used many of the tools I gathered at JSU to work my way through each project at the CDP. I realized that I can use my knowledge and experience to once again be an important part of an organization."

Serving as an intern for a little more than a month and a half, Carla was exposed to a variety of aspects in the safety profession. According to Michael Vice, CDP safety and occupational health manager, the intern program opens a different environment to safety related occupations.



Carla Gowens, CDP intern: "I could not ask for a better group of people to have worked with. The main thing that I will take away from my experience at the CDP is the confidence I have in myself."

"They (the interns) have an opportunity to see more of the overall management approach to safety rather than just the normal 'safety glasses and ear plugs' approach," said Vice. "The CDP internship provides them with an opportunity to work on renovation and construction project planning, safety program and policy development and also forces them to consider the "big picture" when making safety decisions"

According to Carla, losing her job two years ago was difficult. She admits that the closing of that organization forced her to continue her education, but opened up new doors to a professional career. She understands that today's modern workforce desires educated employees, but says her 28 years of experience on the ground level will compliment the degree and hopefully give her an edge. Now, at the age of 50, she understands about a younger workforce graduating alongside her.



Michael Vice, CDP safety and occupational health manager, discusses potential CDP safety issues with CDP Intern Carla Gowens. Carla recently interned at the CDP under the DHS Student Employment and Intern Program.

"I was hesitant, at my age, to return to school but it has been a great experience," she said. "When a major event occurs like losing a job, it shakes your confidence. Your entire world is turned upside down and you begin to doubt yourself. Returning to college restored my confidence in myself. I hope that my experience and degree will give me an edge especially in today's job market. Some companies want experience and others want to train someone fresh. I feel that I do have the experience and education to be a valuable asset to an organization and fortunately I have FEMA and the CDP adding a plus to my resume."

The CDP program is part of the DHS Student Employment and Intern Program. It was implemented in the fall of 2007 and the first CDP program was piloted in the spring of the following year. According to Vice, Carla's work ethic and attention to detail was unlike typical college students. He continued that an intern program similar to the CDPs benefits the organization and the student.

"The internship program is a win-win for everyone. Not only does the intern have an opportunity to grow and make themselves more valuable in the professional job market, the CDP also gains a college-level student who has the energy and passion for their career choice." Vice added, "By interning here, they are also

exposed to the CDP and FEMA as potential employment in the future."

"Each day at the CDP usually held something new and different," said Carla. "I spent time with several people and was exposed to a different aspect with each person. Each person went out of their way to help me with my internship and offer their assistance in whatever I needed," she added. "I could not ask for a better group of people to have worked with. The main thing that I will take away from my experience at the CDP is the confidence I have in myself."

Since her CDP internship Carla has become a JSU graduate. She is applying at several organizations in the surrounding counties and is excited about her potential and new career.



# Pennsylvania Law Enforcement Prepare Field Forces

Law enforcement officers from the Montgomery County (Pennsylvania) Major Incident Response Team (MIRT) attended the Field Force Operations (FFO) course and the Initial Law Enforcement Response to Suicide Bombing Attacks (ILERSBA) course in mid September. The 59 officers represent 51 municipal police departments in Montgomery County.

The training, provided by the Center for Domestic Preparedness (CDP), located in Anniston, Ala., is designed for emergency response providers, emergency managers, and other government officials from state, local, and tribal governments.

The three-day FFO course consists of hands-on training and tools to understand and mitigate civil actions or disorders. ILERSBA arms front line law enforcement officers with the knowledge to effectively respond to an imminent suicide bombing attack or non-suicide attack involving a vehicle-borne device.

According to William Albany, chief of the MIRT, his goal is to designate the MIRT as a Type One Mobile Field Force as listed by the National Incident Management System (NIMS). He says this training is a major initial step.

"Our county borders Philadelphia and it is a frequent campaign stop during presidential elections," said Albany. "Our team is routinely deployed for crowd control during these events and a Mobile Field Force is necessary. Additionally, the response to suicide bombers course will greatly aid us in the early detection and intervention of these incidents."

"Our nation's law enforcement and other first response personnel must adopt proactive preparedness models," said Rick Dickson, assistant director of CDP Training Delivery. "Pennsylvania is an excellent example of how police departments, hospitals, fire fighters, and and other emergency management disciplines are taking the threats towards our towns and cities seriously. Incident management requires knowledge and if more and more emergency response personnel, from all disciplines, enroll in response training, the U.S. response to a large disaster will be more effective."

With over 34 years experience in law enforcement, Albany organized the CDP trip with 26 Pennsylvania cities in Montgomery County. He said that in addition to major events and incidents, his Field Force will manage large crowds for almost any event that may result in protest.

"The response of the police during these incidents will affect the reputation of a city and its police for years after the incident," stressed Albany. "The need for the police to respond in a legal and professional manner cannot be overstated. Training like that offered at the CDP is invaluable."

According to William Arthur, a police officer from the Lower Providence Township Police Department, the training was a professional opportunity that focused on officer and civilian safety.

"Training like this makes us aware of the situations that may arise and how to respond to them," said Arthur. "Being educated in times of crisis, combined with the extensive and situation specific training, not only protects the public but allows us to go home to our families at the end of the day."

"The CDP is the one clear exception to the rule, 'If it sounds too good to be true, it probably is.' This was first rate training," added Albany. "I have read CDP information at various conferences over the years but I never followed up; because of my perception of the enrollment or administrative processes. I wish I had looked into it earlier in my career. I know the 59 officers who went there will join me in highly recommending the CDP to other officers and commanders."





# FALL BACK

Daylight Savings ends
November 7, at 2 a.m.
Do not forget to set your
clocks back one hour.



## Big Sky Country Hospital Staffs Join at CDP, Share Planning Roles

Thirty-three healthcare workers from "Big Sky Country" Montana recently made a large showing in the Pandemic Planning and Preparedness (P3) course. Representing 17 cities across the state, the attendees spent three days experiencing the potential challenges of pandemic influenza and how to prepare and effectively respond to a pandemic influenza event.

According to Larry Ross, hospital preparedness planner, Montana has very few cities with more than one hospital, unlike other states with as many as five or more in a city. Offering a course for hospital workers throughout the state of Montana afforded an opportunity to share like experiences and improve the state's capability to prepare for a mass event.

"With Montana being, for the most part rural, it is a great experience to have a group of people together from small critical access hospitals," said Ross. "They can network with each other and see how the course information fits their facilities, as well as see and hear what others in the state are doing regarding Hospital Emergency Preparedness." He added, "I suggest and encourage planners from all the hospitals in Montana to send people to the CDP for training because it is some of the best training they can receive."

"I found the training extremely helpful," said Tina Frisch-Eblen, hospital preparedness coordinator. "Each class member understands the unique challenges we face for Montana. I learned of several areas we, as a state, can improve upon and recommend this training to all healthcare workers."



# **Local Media Takes CDP Healthcare Story to Community**









(Left) CDP Course Managers John Skinner and Candice Gillilan take questions from local media regarding healthcare related training. The local media was invited to the center to observe training and cover one of the end-of-course exercises. The Anniston Star, Fox 6 News, CBS 42, and TV 24 were in attendance. The media departed the CDP with a better appreciation for the training provided to emergency responders across the nation, and they produced positive news reports throughout East Alabama.

















BE READY Continued from page 1 September's National Preparedness Month. The Center for Domestic Preparedness (CDP) joined more than 100 emergency response

and volunteer organizations that are committed to readiness to support the event. Emergency agencies provided large exhibits and lifesaving equipment, to include preparedness information, and realistic demonstrations.

During Be Ready Day, many Alabamians received a firsthand look into the assets available to the state if an emergency arises. The CDP participants wheeled its 80-foot Mobile Advanced Training Trailer (MATT) and provided displays used to train first responders across the nation for mass casualty or weapons of mass destruction (WMD) events. The goal of Be Ready Day is to increase public awareness regarding citizen preparedness for any disaster or emergency as well as demonstrating the state's response capabilities.

"I was very impressed with the Center for Domestic Preparedness and its staff of professionals," said Sydney Hoffman, Director of the Governor's Office of Faith-Based and Community Initiatives. "We are lucky to have a FEMA facility like the CDP in our state. Their commitment to training America's first responders for WMD or mass casualty events is well known, but the attention the CDP provided our young people regarding readiness and preparedness is commendable. Not only did we observe a high level of public interest in preparing for any type of disaster or emergency, but also witnessed the CDP stands ready to provide this training."

Other CDP displays contained an information booth providing CDP training information for first responders and the ever popular Ready Kit information for both children and adults.

"Past Be Ready events have always been successful for providing awareness of the training offered by the CDP and demonstrating our training to the kids," said Becki Carr, CDP outreach training team leader. "I noticed more interest in personal readiness this year. More people poured through our Ready Kit, and requested information regarding the contents. The coloring books and crayons for the children were a huge hit as well; it was good to see more citizens interested in preparing at home.'

Approximately 1,000 Alabamians attended this year's Be Ready Day.











NURSES Continued from page 1 response personnel," said Lesa Cotton, health services coordinator, Calhoun County Schools. "The idea of using stuffed animals with a variety

of symptoms forces them to think it through and make decisions based on the information they have or observe. All hands-on scenarios are useful, especially when you have to think."

The CDP has used teddy bears and fuzzy creatures to teach triage for the past 11 years. This method of training displays the chaos of a mass casualty incident and effectively shows the large number of potential victims and survivors. The use of stuffed animals also allows for maximizing small training areas, requiring the

nurses to move from patient to patient as quickly and as thorough as possible.

Each teddy bear comes complete with its own set of symptoms; written to test the nurses' skill to quickly assess the patient's viability. They learn to respond quickly—deciding the level of treatment each victim will need to speed up the response time for medical personnel, when they arrive.

"To me this says they want to prepare," said Debbie Blevins, Emergency Management Agency planner who assisted in arranging the training. "Some of these schools are several miles from any

immediate emergency assistance. Triage training is very beneficial because it provides the knowledge for these healthcare professionals to start the response process prior to emergency assistance. They can't wait until help arrives to begin the response."

"It is easy to get complacent," said Cotton. "I want these school nurses to be prepared in the event an emergency happens. They need to know how to react and respond until medical treatment arrives. The training provided by the FEMA CDP is invaluable."

In addition to triage training, the nurses received instruction in search and rescue, and control bleeding and splinting from other organizations.

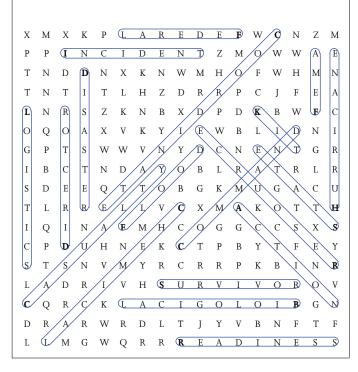


(Left) John Skinner, a CDP course manager, points out specific symptoms to Kim Smith, LPN, Alexandria High School. Smith is a multi-disabled unit nurse and received training alongside other county school nurses to properly triage the injured in the event of an emergency.



(Left) Christine Norris, LPN, Saks Elementary, and Pam Dyar, LPN, Pleasant Valley High School, evaluate the symptoms and triage simulated victims during a recent In-Service Day to prepare county nurses for an emergency event. The Calhoun County School Board organized the event.

# Preparedness Challenge



# **Bird's Eye View**







# **CDP Demonstrates** Safety at Anniston Be Safe Day



The City of Anniston held its first Be Safe Day recently in conjunction with the Spirit of Anniston Downtown Farmers Market. Hundreds of Annistonians braved triple digit temperatures to pick select produce, and were greeted by Emergency Medical Services, the city police department, sheriff's office and FEMA's Center for Domestic Preparedness

While local famers shelled peas and peddled their wide variety of goods, the CDP presented its Emergency Casualty Simulator (ECS); the ECS provides healthcare workers a realistic training experience during CDP classes by providing a lifelike human complete with the moans, groans, and symptoms of an injured person. The center also displayed its popular Mobile Methamphetamine Lab to demonstrate the threats posed in communities nationwide. The mobile lab shows



the ease in producing the poisonous drug and what citizens can look out for to protect themselves and their communities. Additionally, the CDP provided 'Ready' information to adults and children alike.

"Everyone truly enjoyed the CDP's demonstrations and information," said Mari Chandler, from the Spirit of Anniston. "The CDP teams were very knowledgeable and we are fortunate to have this facility in Anniston. Just participating demonstrates FEMA's and the CDP's commitment to safety and our community."

# LFCC Holds Annual Awards Luncheon CDP Presented Top Perch Article and Photo By Miranda Myrick, LFCC Chairman

As the working group gears up for its next campaign season, East Alabama Combined Federal Campaign's Local Federal Coordinating Committee held its annual awards luncheon recently recognizing last year's LFCC members and awarding one organization the Top Perch Award.



Security's Center for Preparedness was presented the 2009 East Alabama Combined Federal Campaign Top Perch Award on Aug. 2. Representatives from the CDP are pictured here (left to right) with the trophy: Tawana Hurst, LFCC member, Kent Davis, chief counsel, Mike King, deputy superintendent, and Wendi Feazell, LFCC member.

Attendees

included LFCC members and their agency leaders as well as LFCC advisors from a nonprofit federation. The LFCC governs the CFC for a particular campaign area.

During the 2009 campaign, Federal employees of the East Alabama CFC raised \$629,124 for charities. That grand total is down \$693 from 2008 contributions; however, the number of employees solicited in this CFC area also decreased from 5,755 in 2008 to 5,718.

The East Alabama CFC is made up of federal employees in six counties—Calhoun, Cleburne, Etowah, Randolph, Talladega and Tallapoosa counties. Federal agencies participating in CFC include Anniston Army Depot, Department of Homeland Security, U.S. Post Office, Social Security Administration, Federal Correctional Institution and Federal Aviation

The Top Perch Award is a traveling trophy presented each year to the federal agency in East Alabama CFC with the highest percentage increase in giving, based on per capita, compared to the previous campaign.

The 2009 Top Perch Award was presented to the leaders representing the Department of Homeland Security's Center for Domestic Preparedness. The CDP, located on McClellan, contributions increased significantly from 2008 (\$8,203) to 2009 (\$18,108).

CDP Deputy Superintendent Mike King said employees of the CDP are conscious of the needs of charities and he's pleased that their support to CFC continues to grow.

"The level of support our staff provides the CFC is indicative of both their generosity and their desire to help others in these challenging times," said King.

EDITOR'S NOTE: The CDP held its 2010 CFC Kickoff Ceremony, Sept. 27. This year's goal is 100 percent participation. Federal employees should contact Tawana Hurst for donation information.









# CDP Gives Back at Quarterly Blood Drive

The CDP Quarterly Blood Drive yielded high results and exceeded expectations in July. The goal was to collect 35 units, however a giving CDP staff contributed 39 donations to the American Red Cross.

"Having spent more than 20 years in the fire service, I have seen the need first hand," said Rob Low, a CDP course



manager for SAIC. "Giving blood allows me to give back to the community and to help those who are in need, regardless of cause. People who give blood are altruistic heroes. I donate blood as much as I can."







"I donate often," said Peggy Luallen, CDP program analyst. "Donating blood can help save lives. Within a blink of an eye, the person it saves could be a neighbor, a family friend, or even someone in your immediate family. What a positive outcome for 30 minutes of my day."

According to the American Red Cross, every two seconds someone in the United States needs blood and 38,000 blood donations are needed every day. The CDP Human Resources Office, organizers of the blood drive, is requesting personal stories from CDP staff members regarding an experience when blood may have been needed during an event in their life. Please email lovvorne@cdpemail.dhs.gov

The next CDP Blood Drive is scheduled for October 19.





#### Captions:

(Photo Top Right) An American Red Cross supply transportation vehicle adorns the front parking lot of the CDP. (Middle Right) Rob Low, a CDP course manager for SAIC, prepares to donate blood. Low retired as a fire fighter and understands the importance of giving blood. (Middle Left) Peggy Luallen, CDP program analyst, gives bloos as often as possible to do her part ensuring those who desperatly need blood, have it. (Bottom Right) Dr. Todd Jones, CDP superintendent, does his part to lift the CDP over 35 units during the quarterly blood drive.



Bragging rights have ended. Get ready for the 2010 Chili Throw Down and Corn Bread baking contest, November 3.

Times for the contest will be announced soon to include sign up information, entry rules, and where to buy tickets.

Word around the CDP is that this year's batch of judges know chili, unlike last year's keystone group who allowed a third place to you know who on the federal staff. Maybe fifth, but third?

Prepare for a challenge unlike we've seen before. Last year 24 entries dared to be judged. Will the number grow?

Oh yea, did someone say corn bread?

Stay tuned for more information, but you may want to start warming up the crock pot.

#### 2009 Corn Bread Champions

#### **FEDERAL**

1st Place - JoAnn McKnight 2nd Place - Shannon Arledge 3rd Place - Brent Kent

#### **BEACON**

1st Place - Ken Saunders 2nd Place - Sandra Rollins

#### STEM

1st Place - Maria Dickson

#### **SODEXO**

1st Place - Jim Kelley

Judges Choice - Best of Show Best of Show – Jim Kelley 2nd Place – Maria Dickson 3rd Place – Ken Saunders

People's Choice 1st Place – Maria Dickson 2nd Place – Shannon Arledge 3rd Place - Ken Saunders



2 pkg chili seasoning 1 half tsp. cumin 1 tbsp. chili powder 1 tbsp. chopped garlic

2 chopped jalapeno 2 green bell pepppers 1 lrg. can tomato sauce

1 lrg. onion 1 tsp. sugar 2 can black beans

2 can navy beans salt & pepper

## 2009

#### Chili Champions

#### **FEDERAL**

1st Place – Delene Layne 2nd Place – Brent Kent 3rd Place – Scott Johnston

#### **BEACON**

1st Place – Toni Weatherspoon 2nd Place - Bernadette Hayes 3rd Place - Michael Ferguson

#### HME/SEI

1st Place – Dee Loucks 2nd Place – Pam Curtis 3rd Place – Lisa Baker

#### HGS/IEM

1st Place – Patric Wilson 2nd Place – Scott Rust

#### **STEM**

1st Place – Maria Dickson 2nd Place - Tina Reddick

#### **SODEXO**

1st Place – Jim Kelley

#### **SAIC**

1st Place - Thomas Wilczek

#### VIP

1st Place – Robert Burdette 2nd Place – George Smitherman

Judges Choice - Best of Show Best of Show - Robert Burdette 2nd Place – Delene Layne 3rd Place – Dee Loucks

#### People's Choice

1st Place – Sybil Saunders 2nd Place - Tina Reddick 3rd Place – Scott Rust

throw down

We Want Your Ideas: e-mail> pao@cdpemail.dhs.gov

